

RD NOVEMBER 2006  
★ AMERICA IN YOUR POCKET ★ NC41F 9

The Deadly New Game Kids Play



**Tim Allen**  
The funny man's private tragedy and personal triumph

**WIN!**  
Free Gas for A Year  
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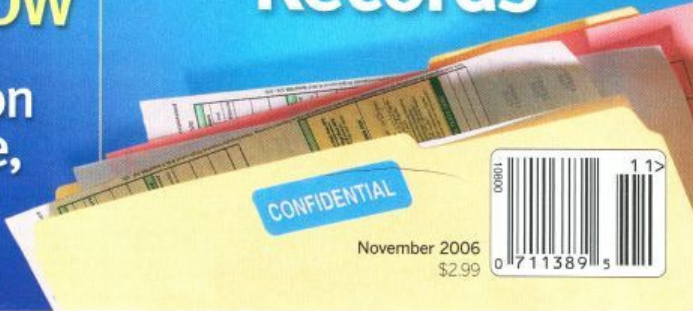
**BEAT STRESS FAT NOW**

Common Disease, Simple Cure

# Reader's Digest

rd.com

## ID THIEVES' NEW TARGET: Your Medical Records



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\$2.99



### SECONDHAND SMOKE WARNING

In June, when U.S. Surgeon General Richard Carmona called secondhand smoke "a serious health hazard," he was talking about humans. But the warning also applies to pets. Dogs who live with smokers face double the risk of developing lung, nasal or sinus cancers than those who live in smoke-free homes. And cats exposed to smoke are more likely to develop malignant lymphoma or oral cancers. To reduce your pet's exposure: Smoke outside, or open windows and use fans. Even better, quit this unhealthy habit: The Great American Smokeout is November 16.

ROXANNE HAWN

